

om śrī paramātmāne namaḥ. atha pañcadaśo'dhyāyaḥ. puruṣottamayogaḥ

śrībhagavānuvāca ūrdhvamūlamadhaḥśākham aśvatthaṁ prāhuravyayam chandāṁsi yasya parṇāni yastaṁ veda sa vedavit (1)	mamaivāṁśo jīvaloke jīvabhūtaḥ sanātanaḥ manaḥśaṣṭhānīndriyāṇi prakṛtisthāni karṣati (7)
adhaścordhvaṁ prasṛtāstasya śākhāḥ guṇapravṛddhā viṣayapравālāḥ adhaśca mūlānyanusantatāni karmānubandhīni manuṣyaloke (2)	śarīraṁ yadavāpnoti yaccāpyutkrāmatīśvaraḥ grhītva itāni saṁyāti vāyurgandhānivāśayāt (8)
na rūpamasyeha tathopalabhyate nānto na cādirna ca sampratiṣṭhā aśvatthamenāṁ suvirūḍhamūlam asaṅgaśastreṇa dr̥dhena chittvā (3)	śrotraṁ cakṣuḥ sparśanaṁ ca rasanāṁ ghrāṇameva ca adhiṣṭhāya manaścāyam viṣayānupasevate (9)
tataḥ padaṁ tatparimārgitavyam yasmingatā na nivartanti bhūyaḥ tameva cādyāṁ puruṣaṁ prapadye yataḥ pravṛttiḥ prasṛtā purāṇī (4)	utkrāmantaṁ sthitaṁ vāpi bhuñjānaṁ vā guṇānvitam vimūḍhā nānupaśyanti paśyanti jñānacakṣuṣaḥ (10)
nirmanāmoḥa jitasāṅgadoṣāḥ adhyātmanityā vinivṛttakāmāḥ dvandvairvimuktāḥ sukhaduḥkhaṣaṅjñaiḥ gacchantyamūḍhāḥ padamavyayaṁ tat (5)	yatanto yoginaścainam paśyantyātmānyavasthitam yatanto'pyakṛtātmānaḥ nainaṁ paśyantyacetasaḥ (11)
na tadbhāsayate sūryaḥ na śaśāṅko na pāvakaḥ yadgatvā na nivartante taddhāma paramaṁ mama (6)	yadādityagataṁ tejaḥ jagadbhāsayate'khilam yaccandramasi yaccāgnau tattejo viddhi māmakam (12)
	gāmāviśya ca bhūtāni dhārayāmyahamojasā puṣṇāmi cauṣadhīḥ sarvāḥ somo bhūtvā rasātmakaḥ (13)

ahaṁ vaiśvānaro bhūtvā prāṇināṁ dehamāśritaḥ prāṇāpānasamāyuktaḥ pacāmyannaṁ caturvidham (14)	yasmātkṣaramatīto'ham akṣarādapi cottamaḥ ato'smi loke vede ca prathitaḥ puruṣottamaḥ (18)
sarvasya cāhaṁ hṛdi sanniviṣṭaḥ mattaḥ smṛtirjñānamapohanaṁ ca vedaiśca sarvairahameva vedyāḥ vedāntakṛdvedavideva cāham (15)	yo māmevamasammūḍhaḥ jñāti puruṣottamam sa sarvavidbhajati mām sarvabhāvena bhārata (19)
dvāvimau puruṣau loke kṣaraścākṣara eva ca kṣaraḥ sarvāṇi bhūtāni kūṭastho'kṣara ucyate (16)	iti guhyatamaṁ śāstram idamuktaṁ mayānagha etadbuddhvā buddhimānsyāt kṛtakṛtyaśca bhārata (20)
uttamaḥ puruṣastvanyaḥ paramātmetyudāhṛtaḥ yo lokatrayamāviśya bibhartyavyaya īśvaraḥ (17)	

om tatsat

iti śrīmadbhagavadgītāsu upaniṣatsu brahmavidyāyām yogaśāstre śrīkṛṣṇārjunasaṁvāde
 puruṣottamayogo nāma pañcadaśo'dhyāyaḥ

śrīkṛṣṇārpanamastu

